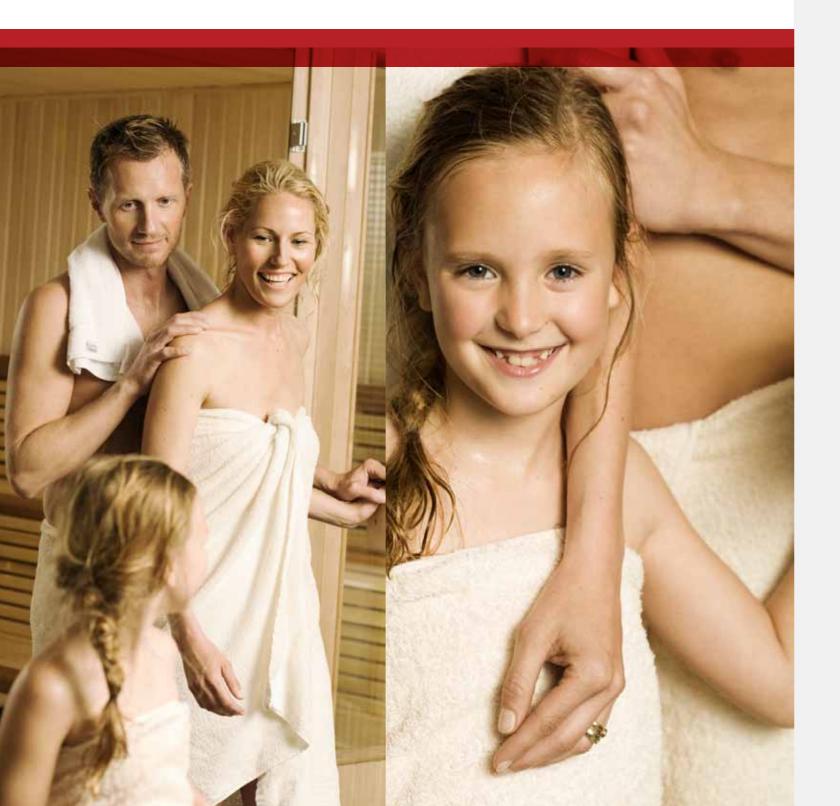




HELO Genuine Sauna & Steam

Sauna has been around for more than 2000 years. Historically, it has been an ongoing cornerstone of Finnish culture, an essential of everyday life. Within sauna walls, we find a few precious moments to reflect on the day, share a laugh with loved ones, or just unwind and enjoy the glow earned from physical effort. Today's Helo saunas, steam rooms and accessories are an original, honest expression of our Finnish roots. We know what a relaxing, rewarding, reviving few minutes of soft heat can do for the body and soul. You will see it in the quality of our craftsmanship, the breadth of our service and in our obsessive attention to detail—a true passion for making the genuine sauna experience available to all.



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Choosing the right sauna

Helo's comprehensive range of sauna cabins embraces all the styles and environments you could wish for. From easy to assemble, clip together cabins which plug in to a 13 amp socket, through to unique bespoke rooms, built to the last panel to your design!

- ROCK SAUNA THE EASY WAY TO ENJOY SAUNA AT HOME
 The Rock Sauna is simplicity itself. The cabin comes flat-packed and
 can be DIY installed in less than an hour. There is no need for an
 electrician as the sauna just plugs in! And if you ever want to move
 the sauna to another room, simply unplug, dismantle and move.
- KYLLÄ SAUNA A LUXURY SAUNA IN EVERY RESPECT

 Kyllä is the latest addition to Helo's sauna range. Finished in top
 quality spruce, first choice for the sauna traditionalist, with Aspen
 benches which stay cool when the sauna is hot, and including all
 interior furniture and accessories. Kyllä is available for quick delivery
 in a range of standard shapes and sizes for DIY or Helo assembly.





An elegant, softly rounded design, full-width rock tray and an optional co-ordinated floor-stand allow more versatility with interior design.

The upgrade; Fonda Duo - adds a steam generator, providing wider climate options - ideal for those who prefer cooler temperatures and more humidity.



■ BESPOKE SAUNA

TO FIT ANY SPACE, WITH LIMITLESS OPTIONS

Take advantage of Helo's extensive experience to create exactly what you desire. Choose the wood finish, windows, heater style and interior layout, then select those extra luxuries which make your sauna special – feature lighting, music or TV, fragrances and variable humidity.

Tell Helo what you want and we'll design and build to your specification.



DESIGNER SAUNA

MAKE A STATEMENT, EXQUISITE FINISH, INNOVATIVE DESIGN With dark woods, frameless glazing and innovative interior designs, including Helo's latest specialist heaters, these models are far removed from the popular rustic view of sauna.

Choose from a number of sizes and layouts to enhance your wellness suite and rest easy with Helo's full installation service.







■ OUTDOOR SAUNA - THE ULTIMATE FINNISH LOG CABIN FOR SAUNA TRADITIONALISTS
As you would expect from the World's largest sauna company,

Helo has an extensive range of outdoor cabins available in a multitude of sizes and specifications, from the compact Arca Cabin to the rustic Barrel Sauna complete with wood-burning heater and chimney.

And if we don't have what you're looking for, we'll make it for you anyway with our bespoke build service.







■ INFRARED SAUNA - QUICK, EASY AND COMFORTABLE

A Helo Infrared Sauna is the perfect complement to a home gym, hot-tub or pool. Unwind and detox in the warm infrared heat - no need to wait for it to heat up - and bathing at 35-50°C has the same effect as 65-85°C in a traditional sauna.

4



The age-old ritual for the modern home

For those seeking the ultimate relaxation of Finnish sauna with steam or the social pleasure of sauna bathing, these cabins offer high specification with plug-in convenience, a quality rock heater and superb insulation for great heat retention. With compact dimensions and clip-together assembly the genuine sauna experience is easy to achieve.



FEATURES:

- Helo sauna heater with generous rock store and easy side mounted controls.
- Glazed door and front panels with soft LED lighting for a calm relaxed interior.
- Fan cooled stereo radio and CD for music of choice.
- + 6-colour mood lighting with sequential or fixed settings.
- Plug in to twin socket or upgrade to larger hard wired heater* for those who like it really hot!

* requires electrician to connect

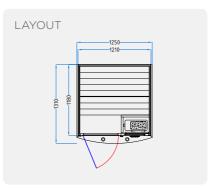


ROCK 2

Rock 2 represents a first for sauna.

In little more than 1m² floor space you'll enjoy a genuine sauna experience. There's ample room for two, Helo's famous MINI rock heater offers that authentic steam sensation while colour lights and music system enhance the mood.

Assemble in minutes, plug in, sit back and enjoy!

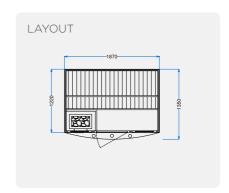


ROCK 4

With its 1870mm width Rock 4 is the ideal family model.

Two level benching offers real flexibility – children can sit low where it's cooler, while enthusiasts can stretch out at high level in the heat. Glazed panels in the fascia give an open, airy feel.

Plug-in convenience, or take the free upgrade to 4.5kW heater*.





SPECIFICATIONS

- Floor space only 1.21 x 1.18m vinyl covered floor included.
- Frameless glass door and adjacent full height window.
- Benches at two levels.
- Compact, plug in heater with full width rock tray
- Stereo Radio/CD, colour light therapy and canopy lighting

PRICES AND DIMENSIONS

MEASUREMENTS (cm)	PRICE
131 x 125 x 203 (wdh)	£ 3 790

SPECIFICATIONS

- Floor space of 1.87 x 1.35m vinyl covered floor included.
- Compact family model with seating for up to four.
- All glazed fascia with neat centre door
- Illuminated canopy with 3 LED lights.
- 3kW plug in convenience or no cost upgrade to 4.5kW for higher temperatures.
- Mood lighting and stereo included.

PRICES AND DIMENSIONS

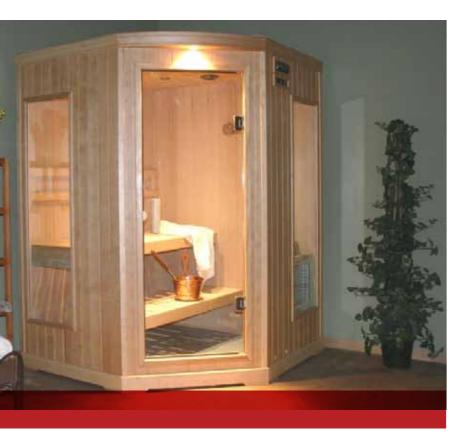
MEASUREMENTS (cm)	PRICE
122 x 187 x 203 (wdh)	£ 4 650

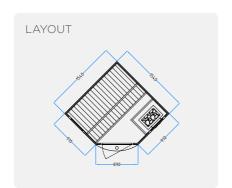
* 4.5kW heater must be wired to fuse board by qualified electrician

ROCK 4C

Like Rock 4, a family model but with the benefit of space saving corner door design.

Tucking neatly into the corner of a room, the elegant Hemlock fascia will blend with most décor, while glazed side panels give a panoramic view, making the cabin feel light and spacious. Mood lighting and Radio CD will complement the unique sense of wellbeing.



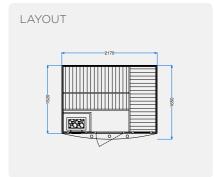




ROCK 6

The L-shaped high-level seating in this model lends itself to the social occasion of sauna.

Despite its imposing presence Rock 6 is simple to assemble without tools in less than an hour. The 4.5kW* heater - a no cost option - is recommended but a good steamy sauna is possible with 3kW where only a plug socket is available.



SPECIFICATIONS

- Fits in corner location 1.54 x 1.54m vinyl covered floor included.
- Elegant space saving design with glazing on three sides.
- Generous 1.45m wide benching.
- Illuminated canopy over corner door.
- Full featured with colour lighting and Radio/CD.
- 3kW plug in heater or upgrade at no cost to 4.5kW.

PRICES AND DIMENSIONS

MEASUREMENTS (cm)	PRICE
154 x 154 x 203 (WxDxH)	£ 4 750

SPECIFICATIONS

- Floor space of 2.17 x 1.52m vinyl covered floor included.
- Full size cabin with room for four to stretch out in comfort.
- Social and convenient "L" shaped bench layout.
- 4.5kW no cost upgrade recommended 3kW where power is restricted.
- Full width canopy with triple LED lighting.
- Colour light therapy and Stereo included.

PRICES AND DIMENSIONS

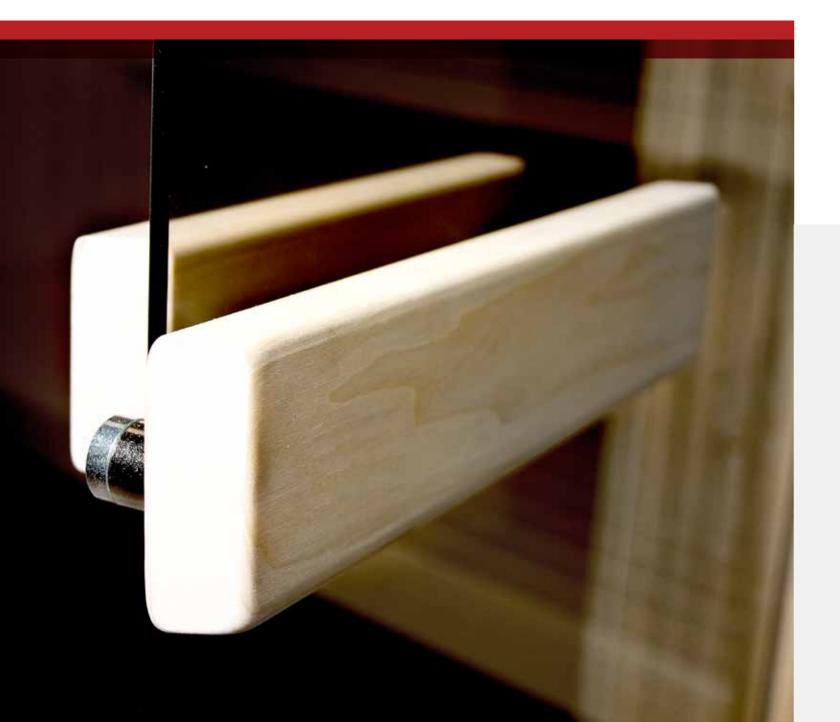
MEASUREMENTS (cm)	PRICE
217 x 152 x 203 (WxDxH)	£ 5 460

* 4.5kW heater must be wired to fuse board by qualified electrician

Sauna Cabins

KYLLÄ

Welcome to Kyllä - the all new sauna from Helo. With new slim line Spruce panelling and clear glass door, Kyllä presents a modern contemporary look to enhance any home. Installed as fixture on your choice of floor, the range of popular sizes and space saving corner options will guarantee the perfect sauna to suit your home. Benches are finished in Aspen - favoured by the Finns for its smooth, clean and cool surface in the sauna heat, with a full complement of accessories and Helo's Original sauna heater, tried and tested the world over in the most challenging conditions will ensure years of trouble free service. As you would expect from Helo, our hassle free assembly service and 3-year warranty are available for peace of mind.











Fine material, perfect surfaces, clean workmanship.

Kyllä features

- Popular range of sizes.
- Pre-cut corner door models for ease of installation.
- Reliable sauna heater with easy-to-use controls.
- + Smart slim line Spruce panelling.

- Aspen slat benches for comfort.
- Elegant clear safety glass door.
- **+** 3-year warranty, leaving you carefree to enjoy your sauna!

KYLLÄ LAYOUTS



Sauna Cabins

FONDA...OR FONDA DUO?

FONDA

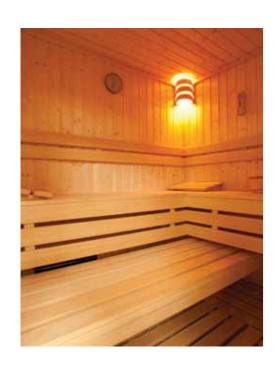
A Better Sauna. By Design.

Fonda is the very latest style of Helo's famous modular sauna cabin, installed in homes and leisure centres all over the UK.

At its heart is the new Fonda heater, with an elegant, softly rounded design, full-width rock tray and an optional co-ordinated floor stand to allow more versatility with the interior design.

The sauna is controlled by Helo's new Touch panel - an "i-phone style" control with glass front which comes to life at the wave of a hand. With safe low voltage operation, the control may be sited wherever most convenient and offers a comprehensive choice of bathing options.

Choose Fonda for traditional Finnish sauna bathing.





FONDA DUO

Combining Sauna and Steam.
The **Ultimate** Upgrade.

Fonda Duo, which adds a steam generator, provides much wider climate options - ideal for those who prefer a less intense experience with cooler temperatures and more humidity.

The cabin retains all the quality features for which it is renowned – selected, kiln-dried Spruce panelling throughout, 8mm safety glass door with subtle bronze tinting, smooth, low conductive Abachi wood furniture and a full complement of accessories.

Options to make your sauna special include window panels, stereo kit and special SWING interior fitments, while Fonda's wide range of sizes may be further modified on installation to make the best use of space available.

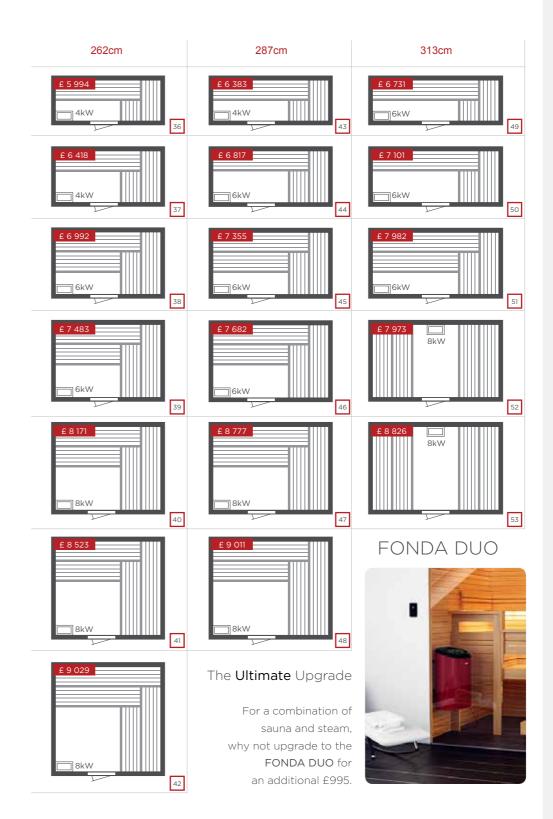
Helo's installation service will ensure peace of mind!



4

FONDA SIZE GUIDE





Floor stand: £92
An elegant, co-ordinated floor stand accentuates the smooth design of this new heater and offers more versatility for positioning.



Window: £830
A full height tinted window integrated into the sauna wall panel creates a more open cabin design and looks great!



Speaker kit: £220
Enjoy your favourite music or radio stations with this useful set of twin speakers and waterproof volume controls complete with switch box to link to your media.



Contoured interior fittings:
ask for quotation to add
to your chosen cabin size.
Customise the sauna interior
with subtle curved light pillars,
contoured backrests
and roll bench fronts.



17

Sauna Heaters

A selection of highlights from the Helo Heater rang. A comprehensive brochure is available on request.



CUP Original Heater

Tried and tested in many thousands of saunas across the world this is truly the Original sauna heater. As reliable and efficient as ever, this popular model is now offered with smart Chromed finish and new 9 hour timer.

Handy built-in controls are standard - a version with separate control is optional. Supplied with built in mounting brackets, fixings and sauna rock, new multi voltage model allows for simple connection to single or three phase.

■ 4.5kW: £429 ■ 6.0kW: £439 ■ 8.0kW: £466 For separate control please call Helo for choices.



FONDA Heater

With smooth lines and gentle contours, Fonda is Helo's latest design heater. The flush top with full width rock tray and surrounding grill guarantees even heat with plenty of steam and looks great too! The optional flush fitting floor stand widens choice in cabin layout and accentuates the pleasing lines. Control is via the latest Touch panel with glass front– great when placed beside a glazed fascia. The DUO version increases versatility of your sauna with built in steam generator to create a variety of sauna climates to suit individual mood.

- 4.6kW with T1 Control: £1632
- 8.0kW with T1 Control: £1643
- 4.6kW DUO Steam model with T2 Control: £2325
- 8.0kW DUO Steam model with T2 Control: £2420



FUSION Heater

For genuine multi climate sauna, FUSION is the most sophisticated heater available. Using temperature and humidity sensing, you can choose the precise blend of heat and steam to suit the occasion – hot and dry to a soft balmy steam bath.

The clever digital control will memorise your favourite climates to recall at the touch of a button and an automatic drying program keeps the sauna wood fresh. The steam generator is easy to fill from the sauna pail and herbs, crystals or essence can be added to the steel cup.

- 6.0kW with Digital Control: £2911
- 8.0kW with Digital Control: £2965
- 9.0kW (3ph. only)with Digital Control: £3110



CAVA Heater

Cava brings real elegance to your sauna. This slim line model with a mixture of smooth and chiselled Soapstone in the fascia not only looks good but can produce continuous steam thanks to the huge rock store within.

A matching soapstone collar is an option to let into decking - no need for a guard rail to spoil the view! CAVA is controlled by the T1 Touch control with smooth glass front. Available in 6 and 9kW rating.

- 6.0kW with T1 Control: £2971
- 9.0kW (3ph. only) with T1 Control: £3032
- Soapstone collar: £826



ROCHER Heater

Beauty and versatility - Rocher is Helo's prestige heater in the modern basket style - a stunning focal point in the sauna. The open rock system releases gentle steam evenly to the cabin while the outer cage remains cool - safe and invigorating.

The heater can stand alone as an imposing tower or build into decking with a choice of decorative collars optionally available. Offered with the T1 touch control, in 7KW muti voltage or 10.5kW three phase only.

- 6.8kW with T1 Control: £2942
- 10.5kW (3ph. only) with T1 Control: £3045
- Glass collar: £826
- Stainless Steel collar: £206



WOOD BURNING Heater

Finns will tell you - there is nothing quite like sauna with a wood burning heater. You can trust Helo expertise to deliver a reliable, efficient and safe heater in a wide variety of styles. Glass doors, soapstone exteriors and even a cool wall model in the "Tonttu" style are available choices together with tunnel models which enable the fire to be displayed within the cabin but loading from outside - safer when children use the sauna.

Chimneys and fittings can be specified to tailor the installation to your needs.

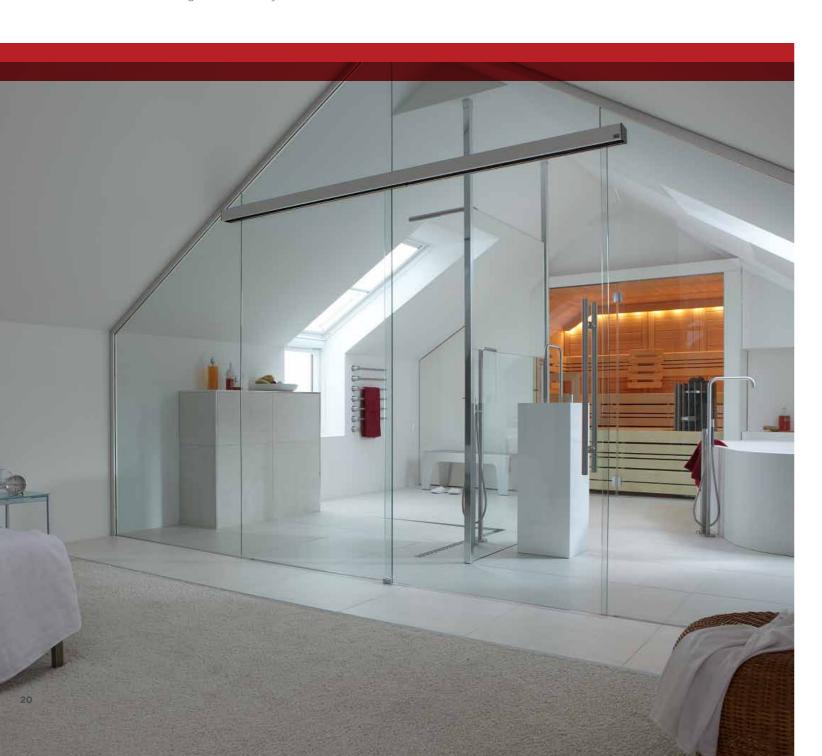
 \blacksquare For prices and more information, please contact Helo.

Sauna Cabins

BESPOKE BUILT

With years of experience designing saunas and developing innovative features, Helo is best placed to create an installation exactly as you desire. We can work with you, drawing plans and fine tuning to achieve your vision, limited only by the need to guarantee both efficiency and safety in operation. We want you to enjoy trouble free service over long years!

The sauna can be as traditional or contemporary as you wish – choose from the widest range of options: A variety of timber finishes, all kiln-dried particularly for sauna use from the typical sauna Spruce or smoother Clear Pine to the richer coloured Canadian Hemlock and characterful Red Cedar – or contrast light, low conductive Aspen for the benches with darker Thermo treated Aspen on the walls – the most stable timber for more humid saunas. Or consider a solid log construction – the original Finnish way!



Timber and safety glass doors in a variety of styles or bespoke glazed fascias in sparkling 10mm safety glass with discreet hinges and handles. Bonded frameless corner sections are possible using low iron glass to ensure a perfectly clear finish.

Helo's wide variety of heaters – traditional rock heaters, tried and tested throughout the world, with plenty of rock for steam and easy to use controls or the latest design models with soapstone features, special insulation for building into bench designs, the latest basket style models for ultimate steam distribution and stunning looks and the clever FUSION model which lets you set the humidity to personal taste for a wide selection of sauna climates.

Mood enhancing extras which make all the difference: Light therapy with safe fibre optics or full perimeter LEDs, Television and iPOD stereo systems and automatic essence dosing systems – all on offer to complement the unique sense of well being which sauna promotes.

All this can be included in a cabin built to suit your space with recesses and sloping walls and an exterior to suit surrounding décor - just send us a drawing or call to discuss your wishes.







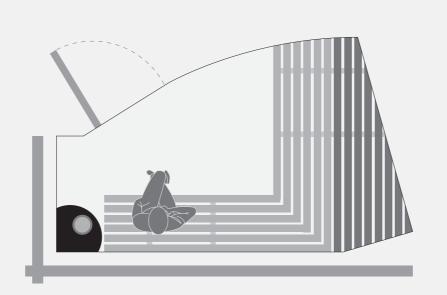


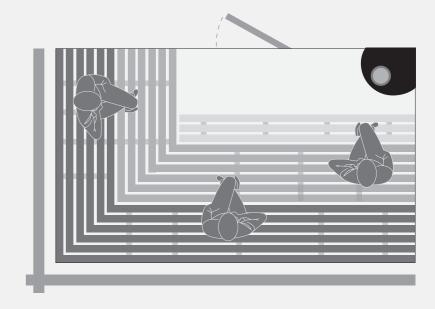
The steps to creating bespoke sauna

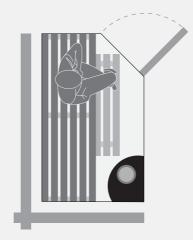
- Plan the shape and layout Helo's efficient insulated panel system allow us to produce a sauna to almost any size.
- Choose the timber finish such as our traditional Spruce panelling with small light knots for the renowned "Pine" fragrance, light smooth Aspen for a modern look, or characterful Cedar with its unique scent and random finish. See our wood page for more options.
- Select a door style standard bronze tinted glass with threshold or upgrade to the wider, no threshold version and tile through from the surrounding area. Need to match the steam room? No problem. We can supply the same door for each.
- Add windows to give the cabin an airy open feel there's even opening windows with a multi-rebate for a snug fit to keep the heat in.

- Plan your sauna heater the heart of the sauna. No one offers more options than Helo. Regular models all feature lots of rock for good steam. Increase the versatility of sauna with our FUSION model with digitally controlled steam generator for a wider choice of temperature. Convenience and style meet with special cool-wall models which can be built-in to the benches. See heater pages for more information.
- Consider adding some luxuries the mood enhancers which really make sauna a special experience. With feature lighting, music and fragrance you will influence the senses and greatly enrich the sauna bathing experience. See optional extras page for more details.
- All Helo saunas include a useful range of accessories but check our accessories page for any extras you may like to add.









When your specification is settled simply ask Helo to make you a plan and quotation. Our experienced staff are at your disposal to fine tune your sauna and ensure it meets your precise wishes.

Once your order is agreed, we'll give clear, concise information on site preparation and schedule the fitting of the sauna by our own carpenters to suit your programme. A streamlined process to guarantee the minimum of fuss and a sauna cabin tailored for you! And with Helo quality and our 3-year warranty, you can rely on years of trouble free service.



environmental management

ISO 14001 certificate

Sauna Cabins

BESPOKE WOOD TYPES

SCANDINAVIAN QUALITY

There's a good reason we only use wood in our saunas. Specifically, high quality Scandinavian or northern climate wood. Trees from the far north grow much slower because of the extreme climate, increasing their density. This makes them much better at withstanding the wide daily temperature and humidity fluctuations of your sauna. Our ancestors knew this, which is why they chose solid northern wood as the only construction material in their saunas—inside and out.



All our wood is quality inspected at its source before transportation to the factory, where the logs are cut and planed. Each individual tree has its own character in colour and structure. These are distinctive signs of a natural product, showing its exclusive, individual character, with no impact on final quality.

HOW HELO USES WOOD

- Sauna cabin structure and exteriors are made of low-resin varieties such as Spruce, Pine, Canadian or European Hemlock.
- Interior fittings are made of special Abachi softwood, which is splinter free, smooth and durable with very low heat retention
- We NEVER use low quality chipboards or plywood.
 Every part of your Helo sauna is made with solid
 wood planks

WHY WE USE WOOD EXCLUSIVELY IN OUR SAUNAS

- No material other than wood is used to build your sauna, with the exception of decorative elements on the outside of the cabin
- Wood has low heat conductivity. This means we can touch it even at high temperatures without risk of burning ourselves.
- Its natural fibre structure allows it to absorb steam and moisture and release it again, making it ideal for saunas
- Wood is stable and durable, muffles sound and radiates a pleasant, natural warmth

Woods used in Helo saunas



NORDIC SPRUCE

Low-resin, slowly-grown northern classic is durable and dense with many small character-enhancing knots.



CANADIAN HEMLOCK

A very strong and dense dark red wood with a distinctive fine-grained structure. Low resin, knot-free.



NORDIC PINE

Durable with a smooth, nearly knot-free character that creates an even, warm-looking surface.



RED CEDAR

Has very little resin, yet still has that characteristic Cedar smell. Cedar colours can range from red to dark brown.



ASPEN

From the poplar family, Aspen is a clear, light wood that is excellent for interior fittings.



THERMO TREATED ASPEN

Aspen panel, heat treated to darken its hue – attractive in contrast with Blond Aspen or Abachi. The treatment also makes the timber more stable so excellent for use in cabins using Steamy heaters.



ABACHI SOFTWOOD

Soft wood, knot- and splinter-free. One of the few woods we use that is not native to northern climates. Creates an even, warm-looking surface.



The choice of the sauna enthusiast, durable 12.5 mm Nordic Spruce panelling.



Red Cedar from North

America gives a distinctive
fragrance and look.



Aspen has a unique heat conductivity resistance—it stays comfortable to the touch, regardless of temperature.



Trim in Abachi softwood, as well as benches, headrests, back rests, duckboard, bench aprons, heater guard rail and light unit.



4

DESIGNER SAUNAS

If you are seeking a high quality, luxury sauna cabin with striking appearance, Helo's team of designers have produced a unique line of models. Each with its own character and suitability for both modern and traditional settings. Some in fixed sizes – stunning as part of a pool or wellness complex - and others which may be built to size and with variable external finishes to blend in with rooms around the house.

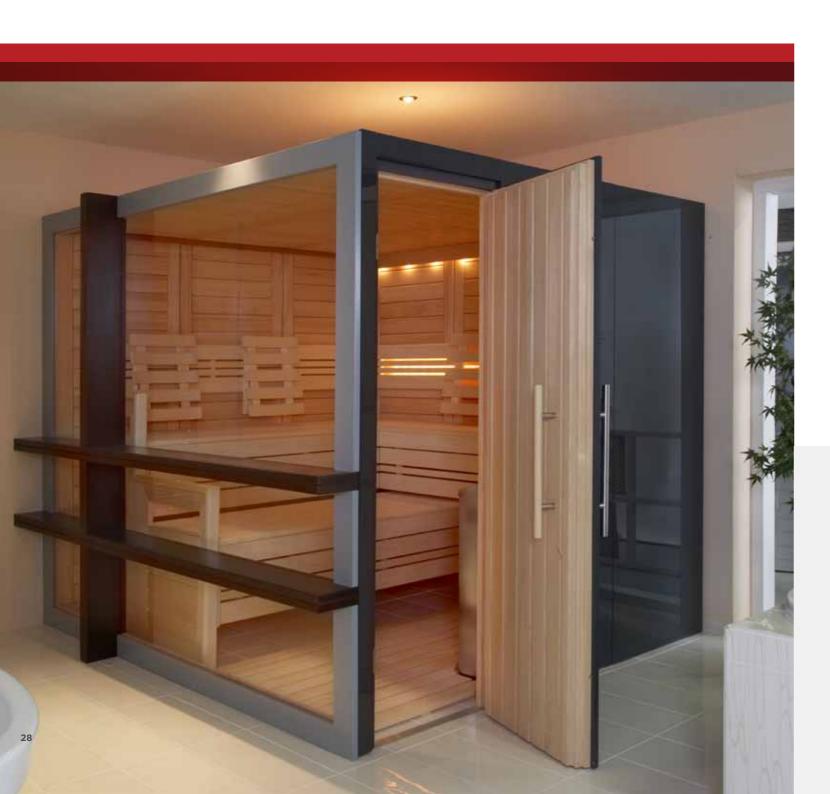
You will find designs using large glazed panels and dark timbers to evoke light and shade – traditional log models cleverly formed in modules to present a contemporary appearance and the use of contours and contrasting materials in interiors far removed from the common "wooden box" image which many have of sauna.

Whichever model you choose you may be sure of careful attention to detail and thoughtful touches which will set your sauna apart from the norm!



LÉGER

Exceptional design is the only way to accurately describe the Léger sauna range. Perfect for creating a truly exclusive feel, at home. A stunning all-glass front, a solid heat-treated dark Beech wood exterior and a unique floating-bench style interior creates a continental-style design icon. A contemporary oasis of wellness for the whole family.



Beautiful contrasts

Premium design and premium materials blend effortlessly in LÉGER, making each visit to your sauna a genuine experience. In a series of striking contrasts, the bright interior of Aspen wood beautifully offset by with reflective, tinted glass. An innovation in sauna, created by Helo.

- **+** 58 mm thick planks of solid Astarmer Fir ensure wonderfully gentle sauna temperature changes.
- All-glass front in tempered safety glass gives an unsurpassed sense of space.
- **+** Dark-timbered Thermo Beech internal and external sections act as shelves for sauna accessories.
- Outstanding ergonomic design with sliding and angle-adjustable back rests guarantee comfort.
- A Pine wood alternative is available for a more cost-effective installation if required.
- + Choice of four layouts to select from.



Designer saunas are supplied with HELO'S latest Touch control



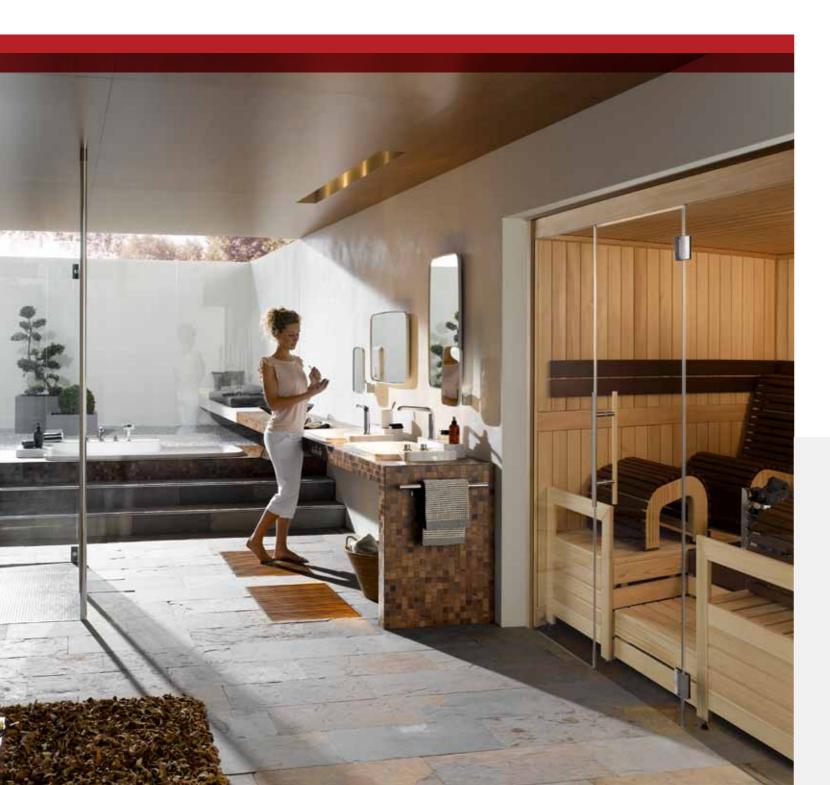
EXAMPLE OF LAYOUT



MEASUREMENTS (cm)	PRICE
204 x 231 x 219	£ 38 995
215 x 231 x 219	£ 39 995
227 x 231 x 219	£ 40 595
239 x 231 x 219	£ 41 995

MOCCA

A traditional sauna with modern twist. Mocca uses top quality Fir logs prebuilt in upright modules for stability and a smooth, quality appearance. The all-glass fascia with discreet furniture ensures that no one will miss the spectacular interior, contrasting Pine with dark Beech accents and centre deck incorporating the RING heater – this basket style heater not only looks great but its open rock basket offers unrivalled steam production for the smoothest sauna experience.



Harmony and relaxation

The impressive appearance of the MOCCA sauna cabin is accentuated by the large glass frontage which offers a view into the extraordinary interior. Exclusive, ergonomically designed seats and stools invite you to put your feet up and enjoy the gentle heat of the sauna heater, which is beautifully integrated into the sauna.

The beautiful glass frontage made of toughened safety glass is complemented by the decorative metal fittings and striking large stainless steel handle.

The MOCCA sauna cabin is a solid wood construction. With 44mm panelling made from exquisite, low-knot Pine, vertically mounted with a horizontal border around the middle - an inspirational, highly attractive design.

- Blends Fir, Pine and Beech woods together for real style.
- + Luxury wide loungers in contrasting wood finish.
- Available in 3 sizes in 10cm steps.
- + New Ring heater with open rock basket included.
- Interior with conventional benching also offered.

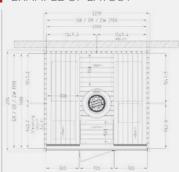






Designer saunas are supplied with HELO'S latest Touch control

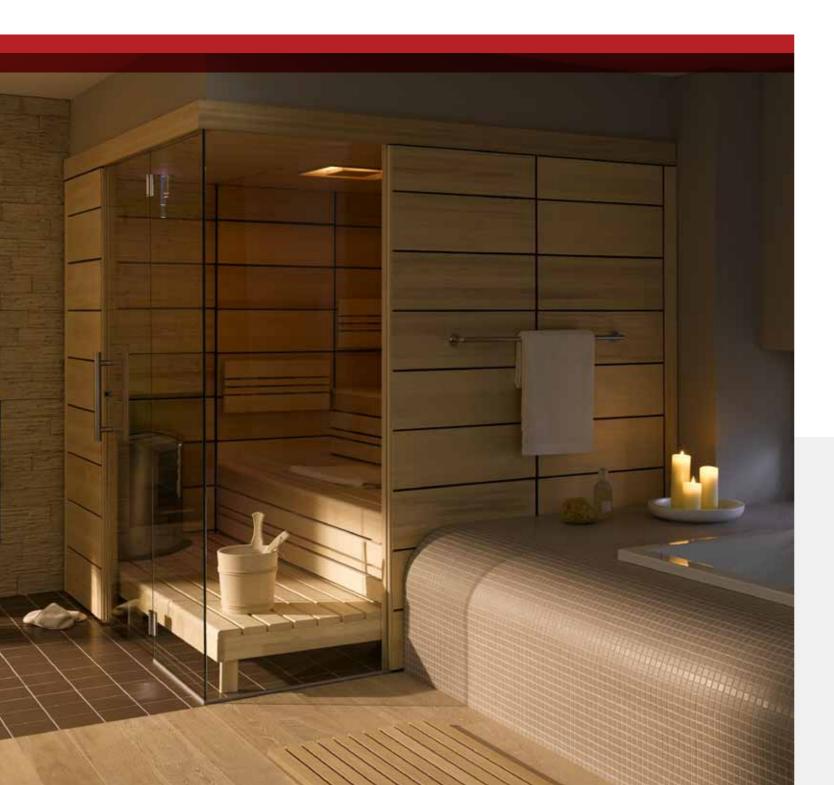
EXAMPLE OF LAYOUT



MEASUREMENTS (cm)	PRICE
200 x 200 x 212	£ 25 977
211 x 211 x 212	£ 26 483
222 x 222 x 212	£ 26 717

COMFORT

Everything about COMFORT sauna cabins say 'welcome'. Its golden interior is a constant invitation, promising genuine warmth and cosiness through the dual-wall glass panelling. There's a real sense of roominess too; unimpeded sight lines, three-level interior, wide, easily-moveable benches... All complemented by a stylish yet deceptively powerful sauna heater that sets the ideal conditions for relaxation within minutes.



Simply stylish

With its subtle aesthetic touches, COMFORT has a look all its own. Notice the elegance of the large glass panels without a corner post. Or the sleekly convenient extra-large door handle and soft splash of light from the integrated ceiling fixture. COMFORT is as much about what you don't notice as what you do.







- 19 mm European Hemlock panels on all 4 interior walls and the two visible exterior walls create a sense of elegance that spreads to the whole room.
- Clean ESG glass fronts with no corner post and door provide a seamless design feel.
- Triple level interior for maximum comfort, the lowest level in premium near-knotless Aspen.
- Solid water-resistant aluminium base frame to protect your investment.
- Moveable ergonomic backrests and bench aprons let you customise the look and feel of your COMFORT.
- + Available in a choice of three standard layouts.



STANDARD SAUNA HEATER

The Cava sauna heater works well with COMFORT thanks to its complementing contrast in material: elegant rounded stainless steel with soap stone slats. Below the soap stones, 30 kg of hidden sauna rocks provide evenly distributed heat.

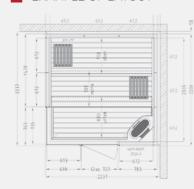


Integrated ceiling lighting provides a soft splash of calming light



Designer saunas are supplied with HELO'S latest Touch control

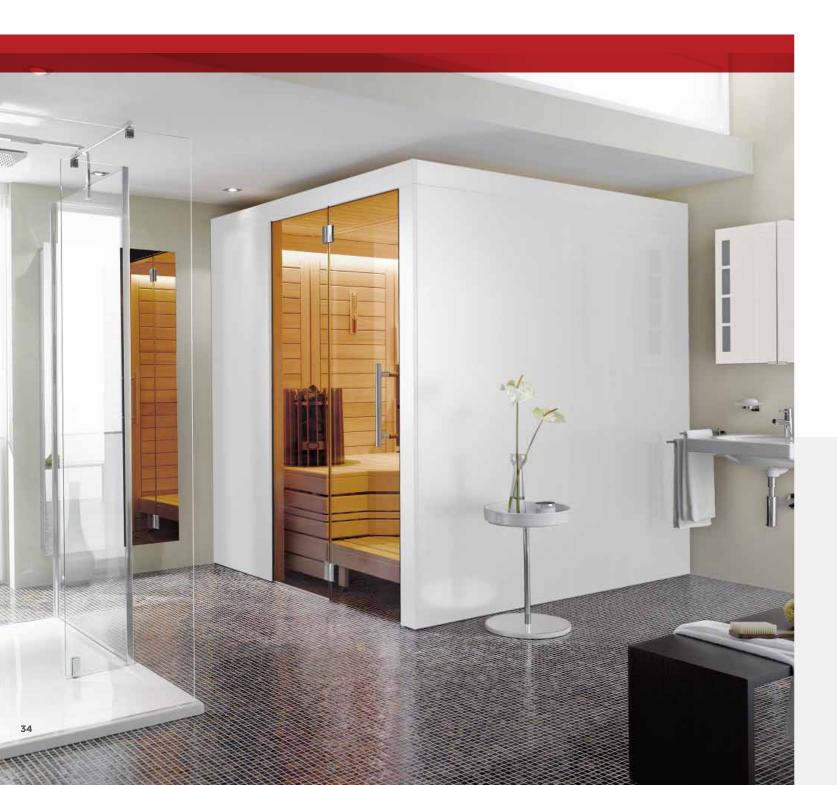
EXAMPLE OF LAYOUT



MEASUREMENTS (cm)	PRICE
212 x 195 x 220	£ 37 945
203 x 203 x 220	£ 38 995
220 x 220 x 220	£ 39 995

CUPREME

CUPREME is a spaciously-stylish option that brings the positive benefits of sauna to a whole new level. Designed to provide individual pockets of temperature preference, CUPREME's Aspen interior is perfect for enjoying the gentlest sauna climate possible, with no bracing temperature changes. Clean and classic on the outside yet deceptively roomy inside, CUPREME makes sharing a soft, soothing sauna with family and friends impossible to resist. Available in Wengé or white.



Perfect climate

CUPREME's combination of heating from a high quantity of heating stones and all-natural configuration, create optimal conditions for relaxation. Heat is reflected from wood and stones only. This makes the temperature build-up gradual, so you can relax even when strong infusion is applied.

- A completely space-customisable solution, sized in 11cm increments for maximum flexibility.
- * 58mm European Hemlock interior walls and ceiling reflect heat without added insulation and minimised use of materials.
- Two outer walls in natural wood and two finished in high quality Wengé or white veneer.
- Designed to last with warp-free planks, offering you many years of trouble-free enjoyment.
- Large glass wall and door create a sense of space and feeling of high design.



Rocher heater available with glass or soapstone collar.



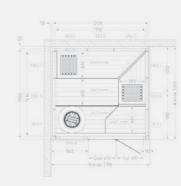
Designer saunas are supplied with HELO'S latest Touch control

Hemlock logs create a sense of traditional quality and are easy to assemble



EXAMPLE OF LAYOUT

With CUPREME, you choose the sizing and proportions of your personal sauna in 11cm increments.
We custom-produce your sauna according to your exact specifications. We can also help you measure your space on site and make appropriate recommendations.



STANDARD SAUNA HEATER

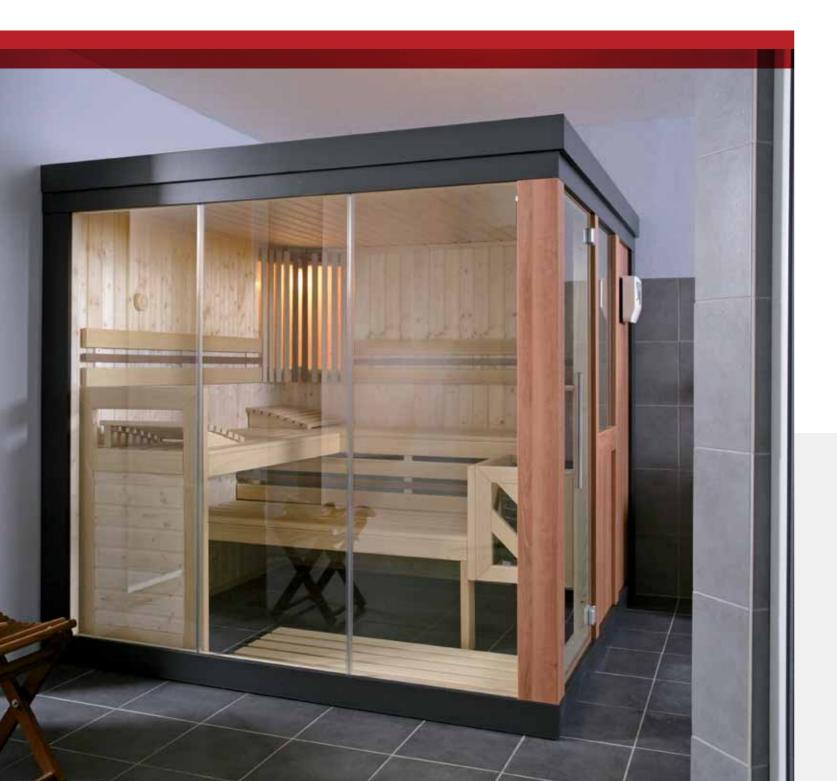
The powerful Rocher sauna heater is the ideal match for CUPREME. It can be installed anywhere in the sauna, providing even heat from its 100kg of Finnish stones to every corner of the cabin.



AVAILABLE TO ORDER IN 116MM STEPS, STARTING FROM 165 X 165 X 219 CM @ £24 325

SPRING

The SPRING sauna combines classical, harmonious sauna elements with a pleasing transparent design. Graceful, light and yet very distinctive, this modular sauna enthuses at first glance with its fully glazed front made from clear safety glass, the decorative furniture elements that are made of fine Rosewood and the effective contrast that is provided by the stone grey decorative frame. Indoors, when combined with wood elements made from best polar Spruce, the RING WALL allows the existence of a mild sauna climate in which you will find an atmosphere of relaxation and wellbeing at all times. The assembly and installation of the SPRING sauna is as easy as could be – and it will quickly find a place in your heart. Are there any better arguments for integrating the SPRING sauna in your home?



13 elements for your personal wellbeing

You can enjoy your SPRING sauna more quickly than you would suspect, in view of its exclusive design. The sauna consists of 13 elements which are pre-assembled and ready cabled. This means you can set up your SPRING sauna in a matter of minutes, and your family can enjoy the genuine comfort of a sauna.

- Modular sauna made from attractive, resistant 12.5mm polar spruce profile wood easy and quick installation and assembly.
- Full glass front made from clear safety glass, glass doors and wall element with window.
- SPRING Relax interior design configuration in comfortable Abachi and luxurious Mahogany
- Three sauna benches for maximum comfort (50 and/or 60 cm wide), two optional back rests, two head rests, foot rest and three-part heater safety grid for maximum safety and comfort.
- The SPRING sauna is also optionally available in a mirror image configuration, with the glass doors on the left-hand side instead.
- You have the choice of three different layout plans



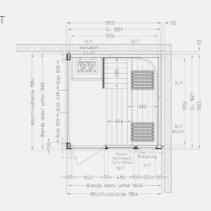
The SPRING sauna conveys elegance and style - a jewel in every bathroom and wellness environment



Built-in lighting for a calming, relaxing atmosphere

EXAMPLE OF LAYOUT

With their intelligent layout plans, the compact SPRING sauna cabins fit seamlessly into almost all wellness environments. For further options, please refer to the technical specifications in this catalogue, or ask your Helo specialist retailer on location.



MEASUREMENTS (cm)	PRICE
185 x 185 x 198	£ 11 595
185 x 202 x 198	£ 12 049
202 x 202 x 198	£ 12 199

As any committed sauna bather will confirm, nothing compares to the experience of sauna in a solid log chalet. Using solid Spruce logs as a natural insulator in combination with lots of steam from the genuine Finnish heater, the warmth, comfort and "one with nature" feeling is simply unique.

Helo log cabins use specially selected, kiln dried logs either in pre-made modules for easy assembly or laid horizontally with the traditional cross lap-lap jointing providing that quaint garden cottage look.

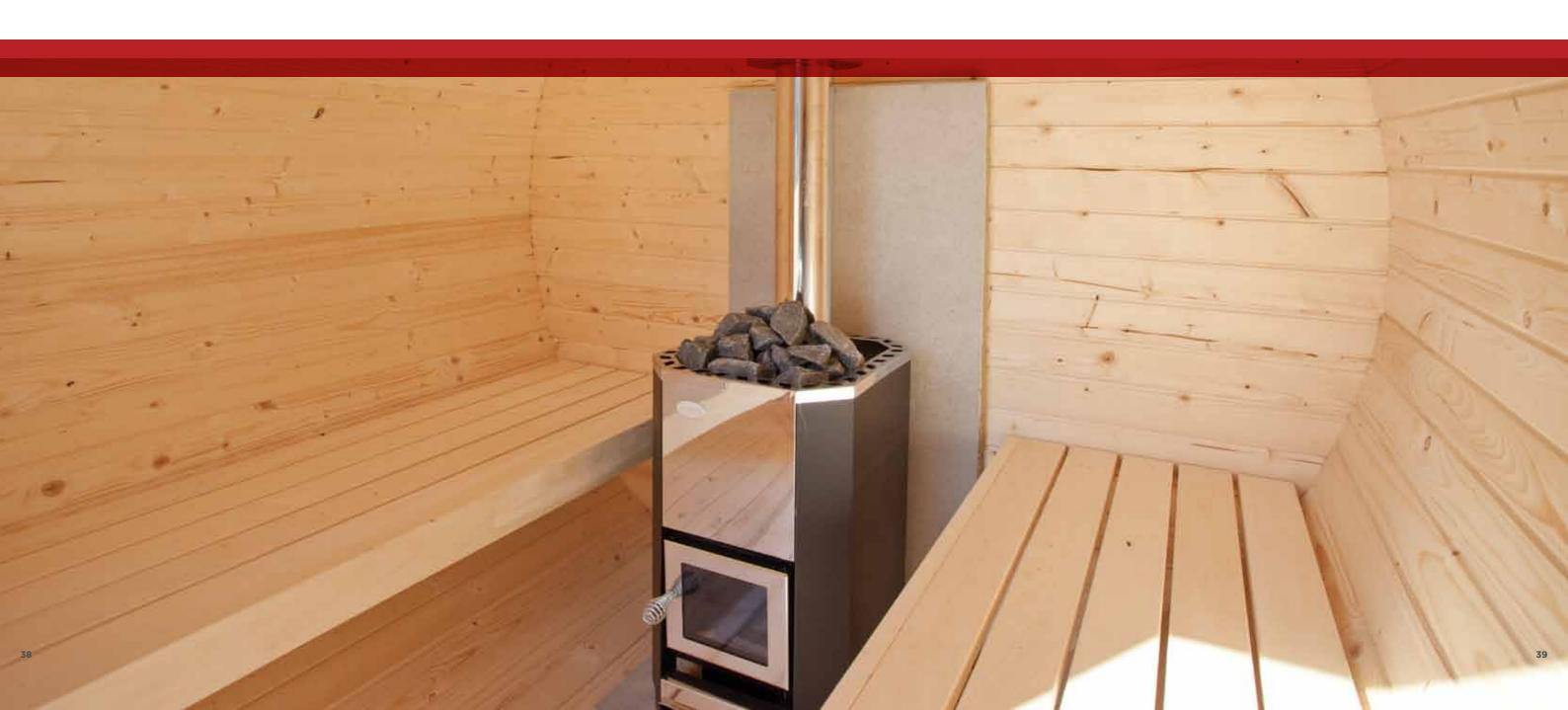
And outdoor saunas bring a double benefit - not only do you save space in the house but also gain a real enhancement to your garden.

As always with Helo you have a wide choice. Whichever suits you best, you can share Helo's expertise in planning designing, and installing your sauna with the minimum of fuss.





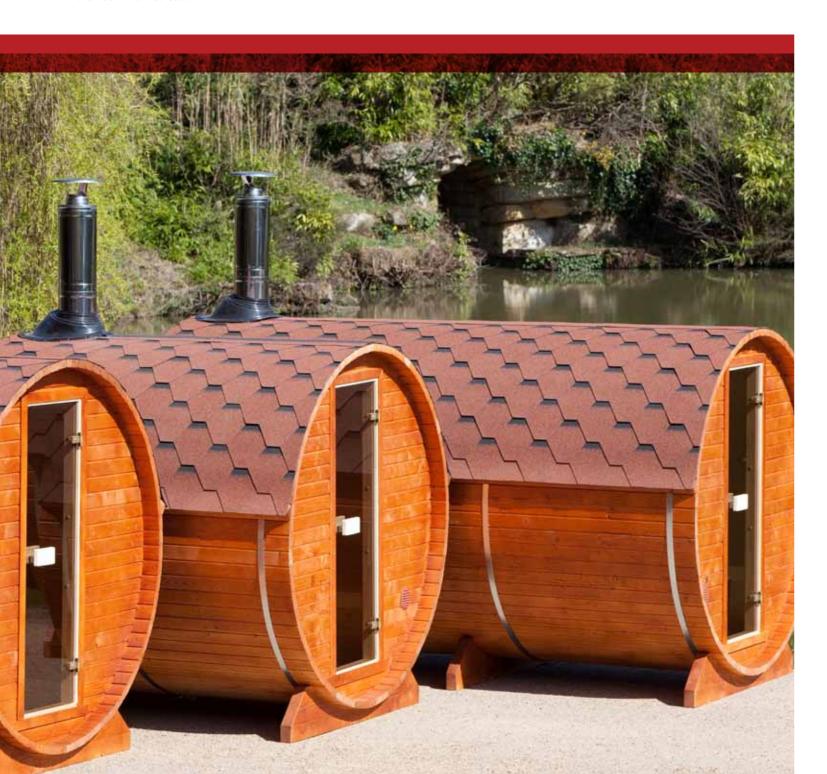




BARREL SAUNA

Helo Barrel saunas have a real "back to nature" feel about them. Constructed in sturdy 42mm thick selected Spruce boards into the pleasing barrel shape, they bring great character to the garden and offer a snug, cosy interior either as a sauna-only, or with useful extra ante-room.

A warm dry interior is guaranteed by oiled timbers, steel support bands and the felted roof which attractively laps over the top half of the cabin. The traditional experience is further enhanced by the inclusion of a wood burning heater with chimney – so you enjoy sauna just as the Finns do in their summer retreats!



Safety is guaranteed by a generous surround of heat proof board to protect the floor and adjacent wall areas whilst the light Spruce interior and Aspen furniture mean the supplied LED battery lantern offers all the light you require – no expensive or awkward electric cable to run in the garden!



Barrel sauna is perfect on decking in the garden - shown in the darker heat treated Spruce with black roof tiles

All Barrel Saunas feature:

- 42mm Spruce board construction, oiled for protection.
- + Felted roof cover to top half of barrel.
- + All interior furniture in light Aspen wood.
- + Authentic wood burning heater and chimney.
- Treated floor supports.
- + Safety glass door(s).
- + Battery LED lantern.
- + Sauna accessories.

Tailor the sauna to suit your setting and taste:

- Roof tiles in Black, Red or Green.
- **+** Exterior timber in clear oiled finish or "tarred" the traditional darker finish.
- + 6kW electric heater in place of wood burner.
- Port hole windows (optional extra).
- Traditional timber door in place of standard safety glass (optional extra).

Helo Barrel saunas are the most durable and efficient available. Unlike other models, Helo includes a complete felt tiled roof to avoid any tiresome leaking caused by movement in the timber. The solid Pine logs are supplied as standard with a clear and dark oil for further protection but for the ultimate finish – extra protection and a "weathered" appearance – you can specify your Barrel Sauna in Heat Treated Spruce – Ask for details.



BARREL SAUNA





Choose from:

- BARREL 1 2 x 1.6m deep
 A compact sauna for 2-3 bathers
- BARREL 2 2 x 2.3m deep
 A generous size for family use
- BARREL 3 2 x 3.8m deep

 A capacious garden cabin with

A capacious garden cabin with 2 rooms and dual purpose. Use as large sauna with centre door open or separate ante room for relaxing or showering.

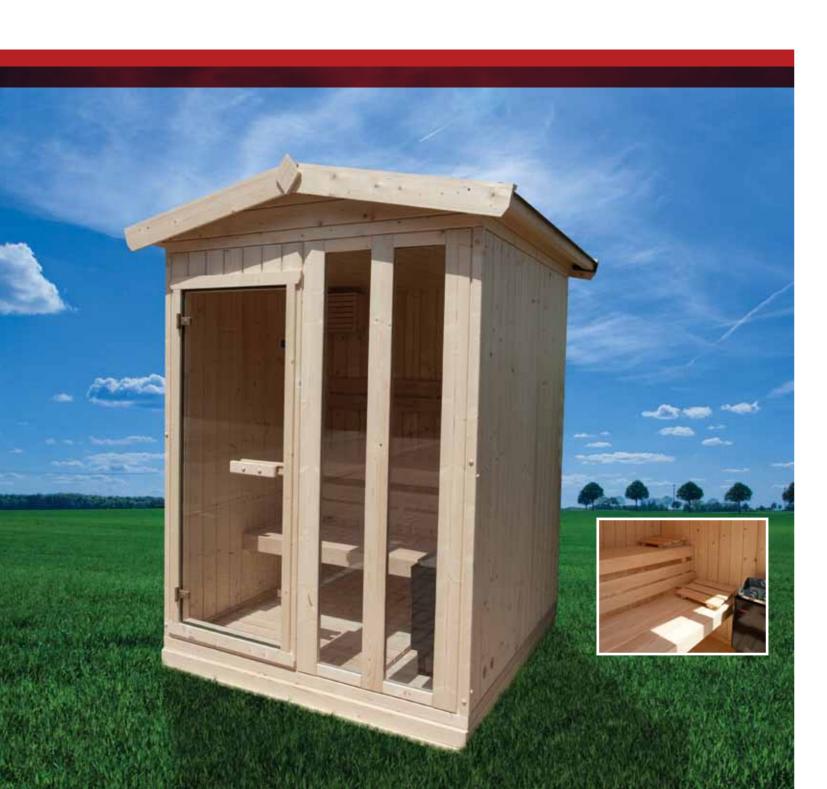
PRICES AND DIMENSIONS		
BARREL MODEL	PRICE	
1: (2M x 1.6M)	£ 6 995	
2: (2M x 2.3M)	£ 7 995	
3: (2M x 3.8M)	£ 11 995	



ARCA SAUNA

To enjoy sauna in the time-honoured natural way, nothing beats a genuine Finnish log chalet in the garden. Until now the complexity of construction and service requirements has proved daunting for many – ARCA provides the solution!

The solid Spruce logs are formed into ready-made modules which are simple to assemble, topped with a two piece felted roof. Perfect on the patio or next to a hot tub these family-sized cabins create a real spectacle in any garden.



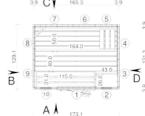
ARCA FEATURES INCLUDE:

- **+** 39mm thick Spruce logs make for a truly solid, long lasting structure.
- Pitched roof with felt covering and clear preservative included with wood trims for the authentic "chalet" appearance.
- + All-glass door and windows make the cabin feel roomy inside.
- Quality interior furniture in warm-coloured

 Alder wood
- Traditional rugged sauna heater with full width rock tray for plenty of relaxing steam.
- Substantial 19mm flooring to keep the cabin warm and dry.

ARCA 3

A compact cabin with impressive 1.8m fascia, the central all glass door flanked by double glazed panels affording a wide view of the surrounding grounds. The shallow depth of just 1.3m makes it easy to stand on the side of a patio or deck alongside garden furniture while the 1.64m wide bench allows for lounging in comfort. And it's the best of both worlds – built in modules – easy to assemble and maintain - but retaining solid Spruce logs for a genuine Finnish sauna experience



SPECIFICATIONS

- Clear safety glass door with magnetic closing.
- 2 x full height double glazed windows.
- Full 1.64m wide high bench.
- Integrated 19mm wooden floor and insulated inner roof.
- 3kW traditional Finnish rock heater upgrade to 4.5kW as a no cost option.
- Light with diffuser and sauna accessories.

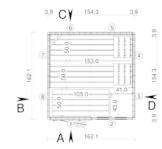
PRICES AND DIMENSIONS	
MEASUREMENTS (cm)	PRICE
173 x 129 x 250 cm (wdh)	£ 6 199

ARCA 4

An attractive square garden chalet with all glass door to the left of the front face and twinned double glazed windows. Red Alder interior furniture including backrest and bench apron makes the perfect family environment – a full depth lower bench where it's cooler for children and high bench in the best heat for real sauna fans!

SPECIFICATIONS

- Clear safety glass door with magnetic closing.
- Twinned full height double glazed windows.
- Upper and Lower Alder bench each 500mm deep.
- Integrated 19mm wooden floor and insulated inner roof.
- 3kW traditional Finnish rock heater upgrade to 4.5kW as a no cost option.
- Light with diffuser and sauna accessories.

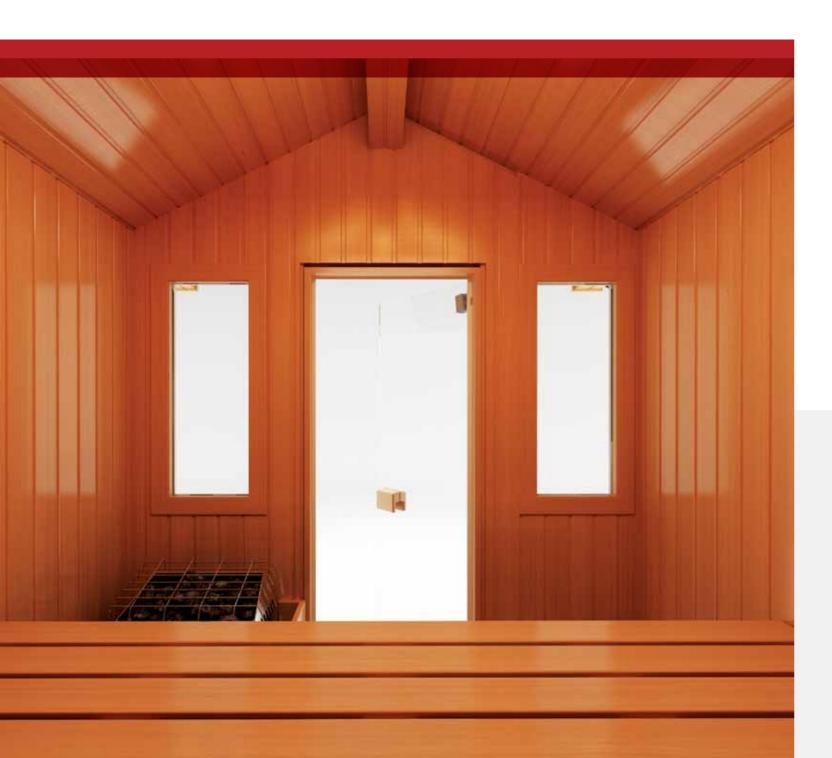


PRICES AND DIMENSIONS	
MEASUREMENTS (cm)	PRICE
162 x 162 x 250 cm (wdh)	£ 6 349

PATIO SAUNA

Conceived in our US factory with the most extreme climatic conditions in mind, Patio Sauna is a genuine maintenance-free cabin for the garden. The neat durable plasticised covering needs no treatment and its grey hue hints at the Kelo wood saunas, so revered in their Lapland home.

The metalled pitched roof adds to the rugged durability of this model while a Spruce interior with Abachi wood furniture ensure the best traditions of sauna bathing are maintained. Helo's SOFTHOT heater with large rock store provides the heat with plenty of humidity.



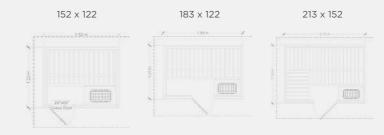
Supplied in pre-made modules with finished floor and roof, this smart cabin is as easy to assemble as it is to live with and will fit neatly on any patio or decking.





- Built in the Helo factory in Cokato, USA.
- + Metalled roof decorative.
- Plastic exterior wall panelling in grey.
- Spruce panelled interior, including pitch roof and floor.
- All panels pre-finished for easy assembly.
- + 6kW SOFTHOT heater with large rock store.
- + Offered in 3 popular sizes.

PATIO SAUNA LAYOUTS

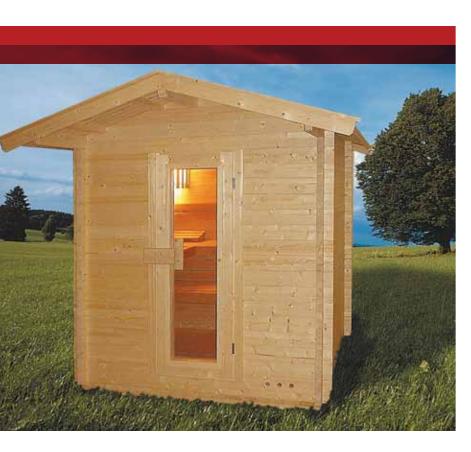


PRICES AND DIMENSIONS	
MEASUREMENTS (cm)	PRICE
152 x 122	£ 8 999

183 x 122 £ 10 559
213 x 152 £ 12 779

TIMO

In the best traditions of sauna, TIMO is constructed from 44mm solid Spruce logs with precision tongue and groove joining, ensuring a quick-heating and snug cabin. At just under 2m square with "L" shaped bench layout, the interior has ample space for family and friends and is fitted with smooth, warm Red Alder furniture. In good Finnish style, the ORIGINAL heater has a large rock store so you choose your sauna experience – hot and dry, or soft and steamy! With the protection of a generous roof overhang, you can relax on a deck after a sauna.



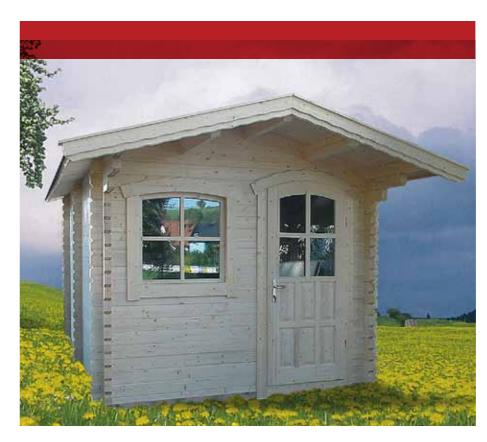
SPECIFICATIONS

- Solid Spruce log construction: 44mm.
- Pitched timber roof, topped with Helo's felt kit or other finishes by quotation.
- Red Alder interior furniture.
- Insulated wood doors to exterior.
- 6kW ORIGINAL sauna heater.
- Full set of sauna accessories.

GARDEN SAUNAS

MIKA

A sauna suite in the garden! Two spacious rooms - sauna and lounge - let you create your own sauna cottage just like the Finns' country retreat, with room for a shower, exerciser and loungers. Built to last a lifetime in 60mm Spruce log, the clever design has the entrance in the end wall, allowing the cabin to fit neatly even in more restricted spaces. Whilst its cottage-style window and door still presents an attractive and inviting fascia. Helo's famous SOFTHOT heater is included for sauna with plenty of steam. Or you can follow tradition and fit one of Helo's wood burning heaters to enjoy 'the real thing!'



SPECIFICATIONS

- Solid Spruce log construction: 60mm.
- Pitched timber roof, topped with Helo's felt kit or other finishes by quotation.
- Red Alder interior furniture.
- Insulated glass door to exterior.
- 8kW SOFTHOT sauna heater.
- Full set of sauna accessories.

TIMO LAYOUT



PRICES AND DIMENSIONS

MEASUREMENTS (cm)	PRICE
2420 x 2900 (inc roof overhang)	From £ 9 499

MIKA LAYOUT



PRICES AND DIMENSIONS

MEASUREMENTS (cm)	PRICE
3190 x 5220 (inc roof overhang)	From £ 18 999

8

KELO

For those who are looking for something a little more special, there is nothing that rivals the traditional styling of the Kelo Sauna. Constructed using naturally matured, weathered pine to your own specifications and needs, this sauna provides a robust and durable structure, with the unmistakable appearance of a traditional luxury log cabin. The exceptional qualities of this super-aged timber, with its unique soothing fragrance will make every sauna a special occasion.



These cabins are manufactured to order to the precise shape and size you choose - whatever the size, they are strikingly beautiful and will create a magical presence in the garden - especially when covered with a light fall of snow!

Quality time

Imagine having your very own outdoor retreat, where the whole family can take a rejuvenating break together. If you have a pool or hot tub, everyone will enjoy the healthful benefits of deep-body heat followed by a quick, refreshing dip—and doing it all over again. A genuine Helo outdoor sauna, tailored to your exact specifications, makes family time... quality time.







- Getting started is as simple as calling us with your idea—we'll build your dream outdoor sauna according to your specifications.
- You can choose from a wide variety of layouts, woods, fittings, stylings and sizes. The only limit is your imagination.
- + Enjoy even more of the traditional outdoor sauna feeling with a modern, highly-efficient wood burning stove.
- Fully insulated, keeping the genuine soft sauna climate in, regardless of what's happening outside.

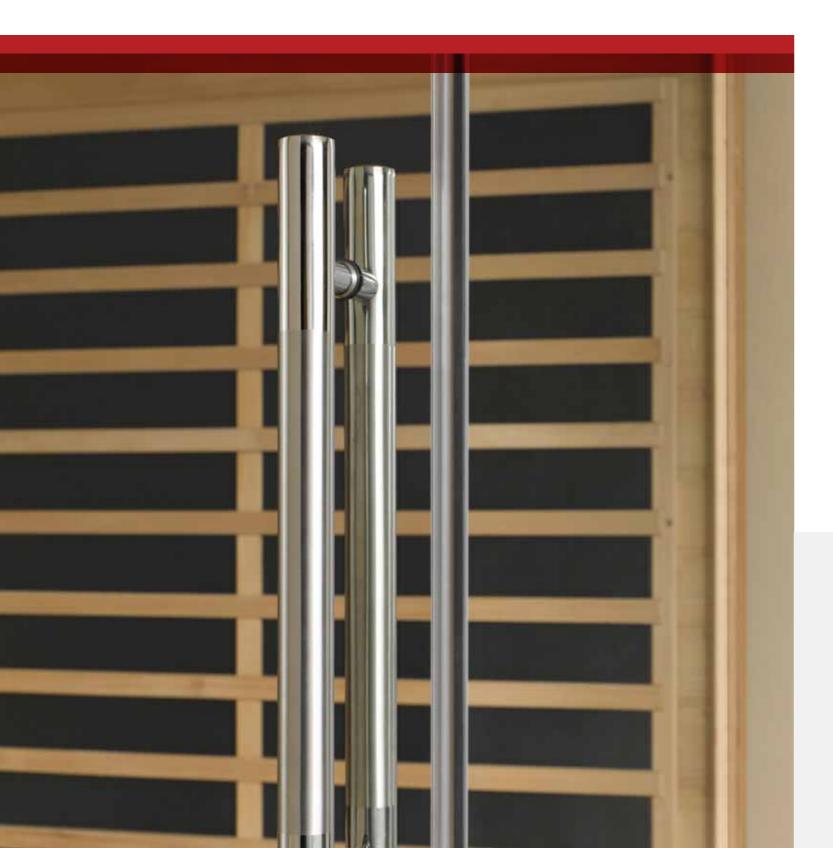


SPECIFICATIONS

- Authentic 'dead Pine' logs, available only in Lapland.
- Choice of interior, traditional Kelo or Aspen.
- Wood burning or electric heater.
- Made to measure limited only by imagination!
- Complete installation service by Helo experts.

Infra Red treatment has long been favoured for relieving aches and pains by improving circulation and loosening the muscles.

The latest cabins with safe, Far Infra Red heat absorbed directly into the body are chosen by those who wish to prepare for exercise, relax for longer periods in the gentle heat, or find the higher temperatures of traditional sauna too intense.



The latest technology...

Striving always to remain at the forefront of sauna innovation, Helo group is proud to the offer the world's first Infra Red cabins which beat the stringent Swedish standards for this technology – less than 2 milligaus Electro-Magnetic Radiation (EMR) and less than 8 volts per metre Electrical Frequency Radiation (EF) – an energy saving of more than 20% on previous models.

For those who require a more delicate heat for treatment, or simply prefer the softest sauna experience, Helo Far Infra Red cabins offer different benefits from the much feted traditional Finnish sauna with rock heater. Ideal for treating aches and pains, preparing for exercise or simply to promote restful sleep, the design of these compact cabins with the latest CarbonFlex heaters ensures all-round heat for bathers.

New contemporary design...

Matching the state-of-the-art technology is a new cleaner design - a fully glazed fascia with discrete Hemlock panelling gives all models an open, spacious feel to blend in with adjacent furniture. Subtle improvements - three-way illumination with soft valance up lights, ceiling reading lights and colour light therapy, hidden speaker system for radio and MP3 and new touch control panel with stereo built in - all combine to bring you the most complete infrared cabin available today.

- LUXUS S features:
- Low EMR and low EF exceeding the strictest Swedish standards.
- Fully glazed fascia in clear safety glass.
- New CarbonFlex heaters with Even Heat system reducing power requirement by 20%.
- Touch screen control for all functions including stereo/MP3/USB for iPod.
- Comprehensive lighting for cabin, reading and colour therapy.
- + All models plug directly into a standard socket.
- + Available in 7 sizes including 2 space saving corner models.

SAUNA - INFRARED OR TRADITIONAL?

The question most often asked of our sales staff is: "which should I choose - traditional or Infra Red?"

The answer is both!

Infra Red, which heats the body directly, is ideal to use as preparation for a work out, to treat aches and pains, or in the evening to ensure a good night's sleep. Traditional sauna is a great social occasion to be shared with family and friends - the ultimate relaxer and skin cleanser with the added twist of magic - the Finnish löyly where a little water is sprinkled on the rocks to prompt a steam sensation!

LUXUS 10-S

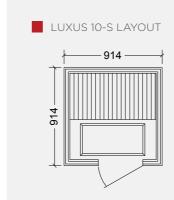
Needing a floor space of just 1m square, Luxus 10-S is a true 'fit anywhere' cabin, yet there is no compromise to the bathing experience. Indeed with generous space for one, the all-surrounding Infra Red heaters mean the body is cocooned in a comforting halo of warmth while the all glazed front provides an open vista – the best way to enjoy Infra Red!





SPECIFICATIONS

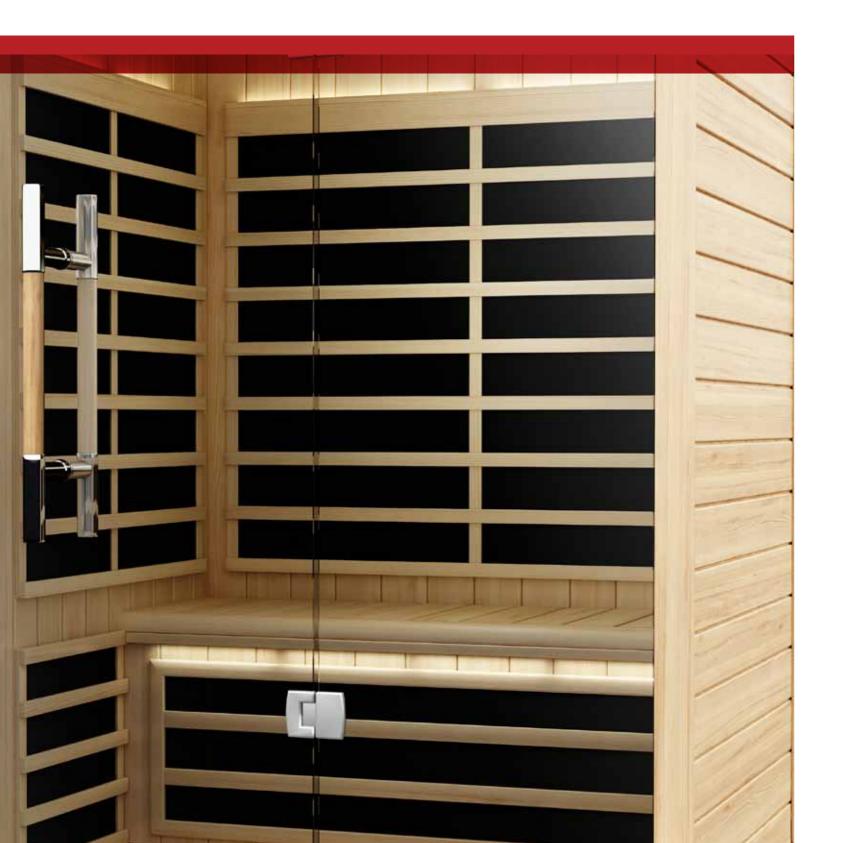
- Compact foot print of only 92cm x 92cm x 190cm.
- Plenty of heating panels surrounding the bather.
- Heated bench and ceramic floor tile.
- Hemlock interior and exterior panelling.
- Digital interior control.
- Stereo radio with MP3/iPod port/concealed roof speakers
- LED colour-light therapy system.



MEASUREMENTS (cm)	PRICE
91.4 x 91.4 x 190 (wdh)	£ 3 745

LUXUS 20-S

Ideal to fit in the corner of a blending with furniture, Luxus 20-S is compact and neat but allows ample room for two to bathe together Adding a social aspect to the unique experience of Infra Red sauna – chat or just rest together enjoying the mood enhancing lights and music – all built in.

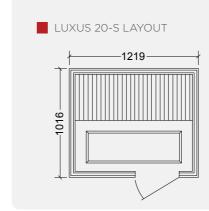




SPECIFICATIONS

- 4 heater elements, back area, sides, front/leg area for maximum coverage.
- Heated bench and ceramic tile flooring for instant comfort.
- Economical warmth generation.
- Solid wood Hemlock interior and glazed Hemlock exterior.
- Comes fully equipped with Valance spot lighting, digital interior and exterior controls, built-in sound system with radio and MP3/iPod port/concealed roof speakers, and LED colour light therapy.

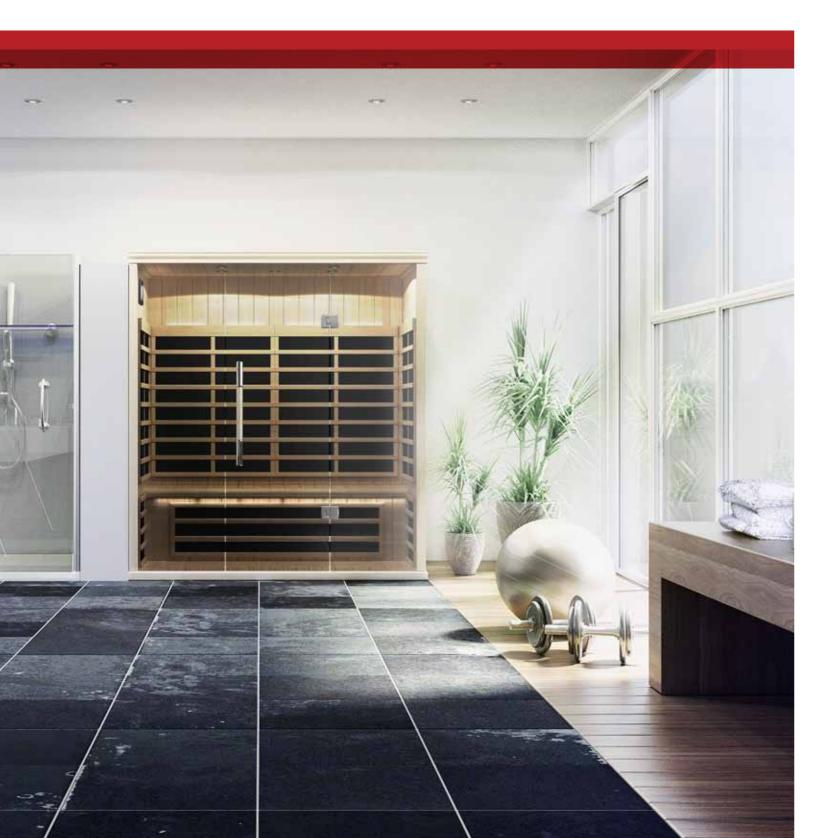




MEASUREMENTS (cm)	PRICE
121.9 x 101.6 x 193 (wdh)	£ 4 205

LUXUS 30-S

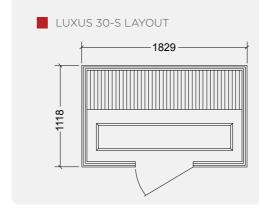
With a wide fully glazed fascia and minimal depth, Luxus 30-S achieves the double goal of looking opulent whilst still fitting neatly into most spaces. The wide bench also increases versatility – room for three to bathe together, or one to lie out in comfort.





SPECIFICATIONS

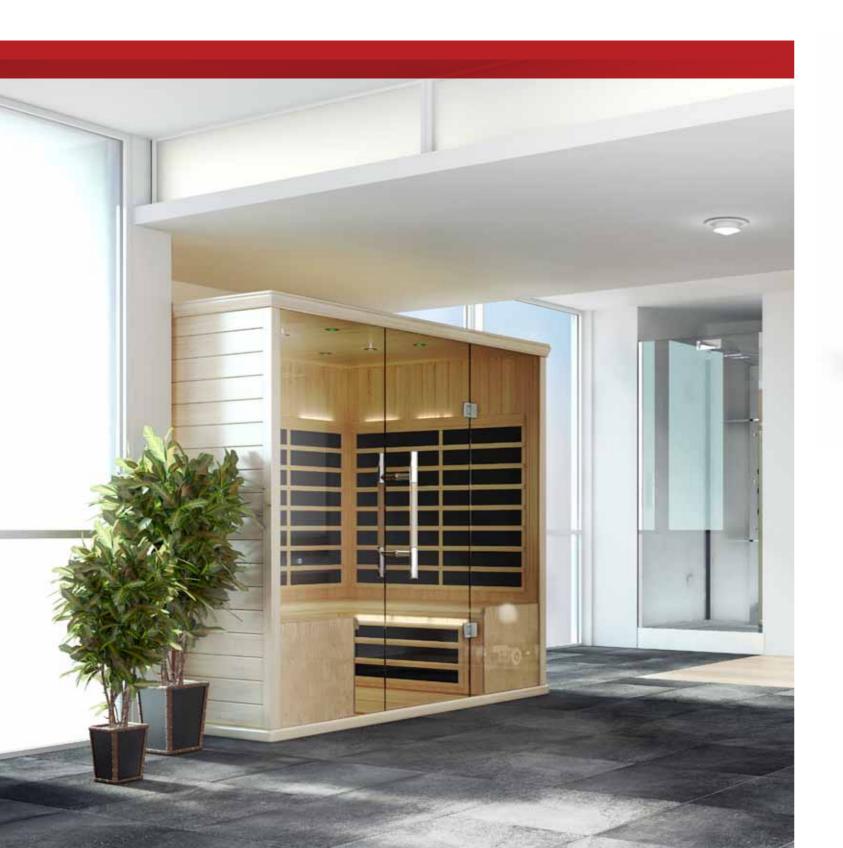
- 4 heater elements provide multi-directional warmth from the back area, sides, front / leg areas.
- Heated bench and ceramic tile flooring comfort from every direction!
- Effective power output.
- Comes fully equipped with Valance spot lighting, digital interior and exterior controls, integrated sound system with radio and MP3/iPod port/concealed roof speakers, and LED colour light therapy.
- Hemlock interior and glazed Hemlock exterior with tall windows for unimpeded sight lines.



MEASUREMENTS (cm)	PRICE
182.9 x 111.8 x 193 (wdh)	£ 4 999

LUXUS 40-S

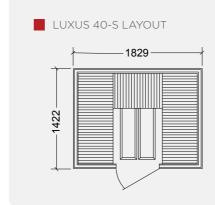
A great family model - room for four but cleverly designed with twin return benches ensuring that all bathers have as much heat as possible surrounding them. The wide glass front gives a real feeling of open space, yet all these heaters use little more than 2kW of power - a truly affordable luxury!





SPECIFICATIONS

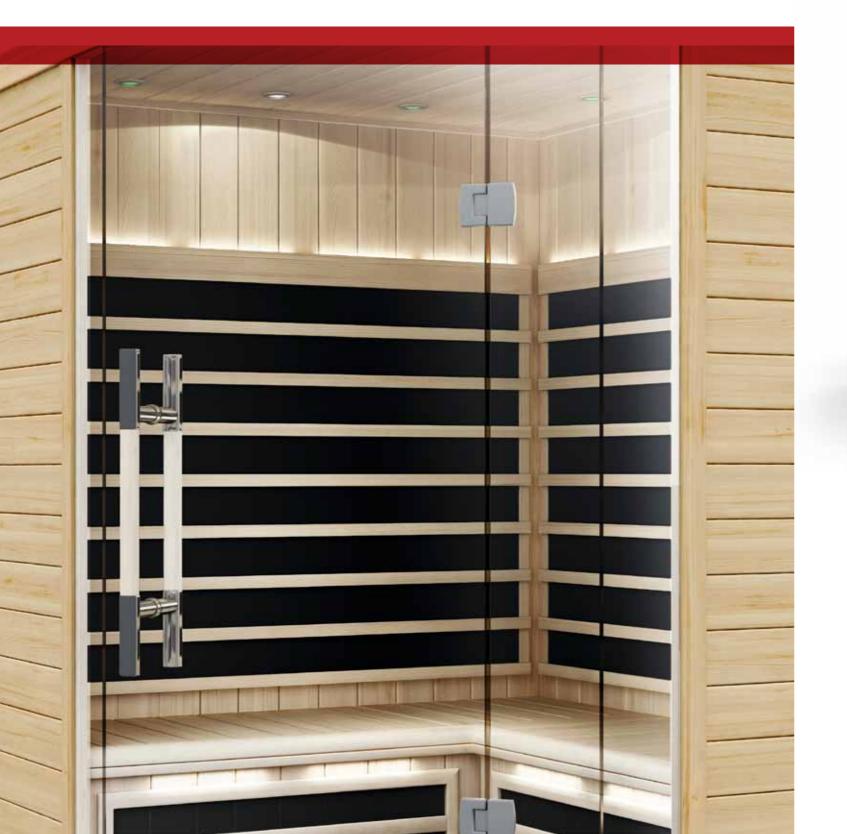
- 4 heater elements back area, sides, front / leg areas.
- Benches and ceramic tile flooring are heated for that extra special touch of comfort.
- Comes fully equipped with Valance spot lighting, digital interior and exterior controls, built-in sound system with radio and MP3/iPod port/concealed roof speakers, and LED colour light therapy.
- Eye-catching Hemlock interior and glazed Hemlock exterior, specially chosen for Infra Red use.



MEASUREMENTS (cm)	PRICE
182.9 x 142.2 x 193 (wdh)	£ 5 692

LUXUS 70-S

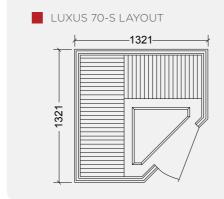
Built in the popular pentagon design, Luxus 70-S with its angle-glazed facia and side panels, has a built in look and will fit snugly into corners needing less than 1.3m of wall space! The L-shaped bench design means bathers can face each other for a more intimate sauna experience or lounge with legs on the bench together.





SPECIFICATIONS

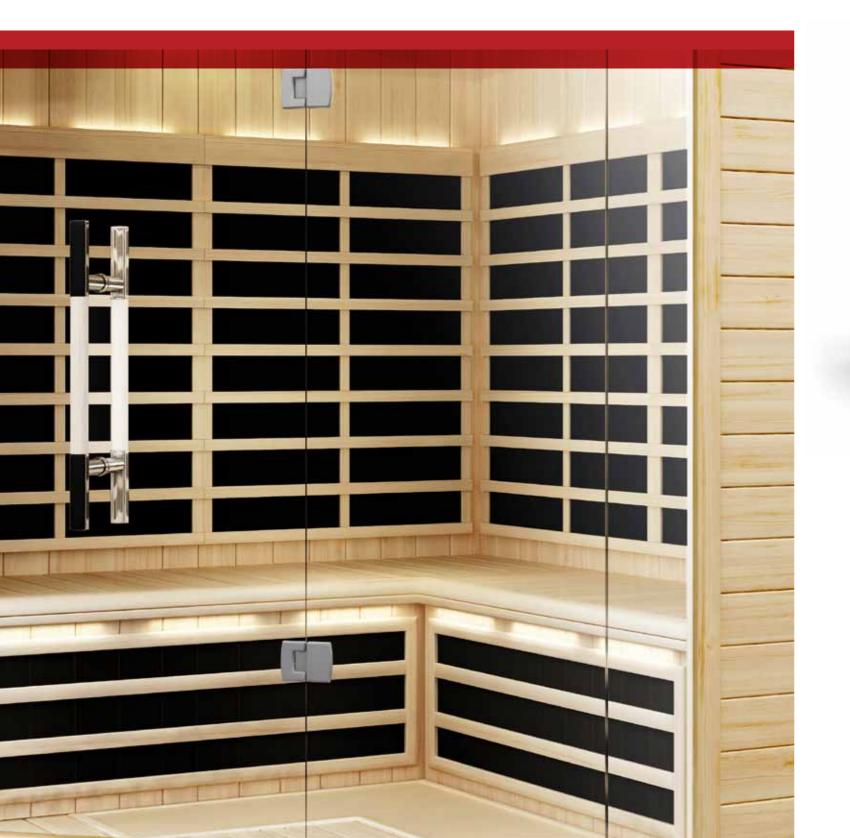
- 132cm x 132cm x 198 cm measurements make effective use of corner space, with plenty of room for interior comfort.
- 6 heater elements in the back area, sides, and front / leg areas and heated benches and ceramic tile flooring provide more sources of soothing warmth.
- Low cost-effective power output.
- Comes fully equipped with Valance spot lighting, digital interior and exterior controls, built-in sound system with radio and MP3/iPod port/concealed roof speakers, and LED colour light therapy.
- Genuine Hemlock interior and glazed Hemlock exterior.



MEASUREMENTS (cm)	PRICE
132.1 x 132.1 x 193 (wdh)	£ 4 666

LUXUS 80-S

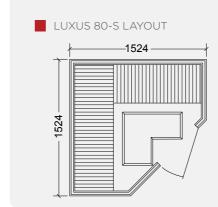
A capacious family model with smooth contoured fascia and room for family or friends, Luxus 80-S has twin 1.5m benches to allow bathers either to stretch out or sit, taking advantage of the lag heaters. Music from the integrated sound system, reading light and colour light therapy are all available with a touch on the control panel!





SPECIFICATIONS

- Spacious dimensions of 152cm x 152cm x 198cm.
- Plenty of heating panels surrounding the bather.
- Heated benches and ceramic floor tiles.
- Hemlock interior and exterior panelling.
- Digital interior control.
- Stereo radio and MP3/iPod port/concealed roof speakers
- LED colour light therapy system.



MEASUREMENTS (cm)	PRICE
152.4 x 152.4 x 195 (wdh)	£ 5 196

SAUNA ACCESSORIES

A selection of authentic accessories from our range - Helo branded for reassurance of quality.













1: PAIL

Classic timber sauna pail with traditional banding and useful push up plastic liner – guarantees a leak proof container which looks the part! Remember to remove from sauna after use for a long service life. ■ £42

2: LADLE

Sauna ladle with generous scoop in sturdy, polished steel, safe wooden handle and neat leather hanging loop. ■£24

3: THERMOMETER / HYGROMETER

A large slim line instrument with clear dials indicating temperature and humidity level in the sauna cabin, letting the bather achieve a balance of steam and heat to suit personal preference. ■£26

4: SANDTIMER

Safe, reliable timer using fine sand in heat proof glass to assist with programming your sauna session. ■£24

5: SAUNA LIGHT

Heavy duty ceramic fitting with heatproof seal and glass shade to accept standard golf ball bulb – supplied with heatproof connecting tails. A section of timber diffusers for corner or wall mounting is also available – or really add style with Helo's SWING light column. Light fitting £34 SWING column (inc light fitting) £312 Timber shade £67 6: BUCKET SHOWER

A super way to cool down after shower! A large capacity pail in durable Kambala or Larch wood pivots on a strong steel wall bracket, using a chain or rope pull. The body quickly cools under a sheet of refreshing cold water with an automatic valve refilling the bucket for the next user. ■£1045

HOW TO BUY

(+44) (0)1342 300555

For more information on Helo's full range of sauna, bath, shower and steam products, please contact either your local dealer, or visit Helo online at www.helo.co.uk

Find a retailer at www.helo.co.uk or call Helo on:

HELO 3 YEAR WARRANTY

Helo sauna products come with a 3 year warranty – 12 months automatic + 24 months upon registration. Terms and conditions may apply

Specifications may change without notice

BESPOKE SAUNA - Design, build and installation service

With a wealth of experience in both commercial and home sauna projects, you can entrust the design and construction of your sauna to Helo.

Just call us on 01342 300555 to discuss or send your plans to sales@helo.co.uk to receive our proposal.

Also available from Helo;



Helo Steam - From bespoke installations to Helo Modular Steam Rooms in a number of useful sizes - elegant, economic and efficient. For more information, please contact Helo.



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